



**Congratulations For An Awesome  
Cross Country Invitational  
Turnout & Amazing Performance  
By All Student-Athletes!**



*See Results Inside*

Waimea Middle School

# The 'Ohana News



Recipient of a  
Full 6-Year WASC  
Accreditation!  
2014-2020

*"Waimea Middle School empowers all students with the skills, values and cultural understanding to successfully navigate high school and beyond."*

October 14, 2014

[www.WaimeaMiddleSchool.org](http://www.WaimeaMiddleSchool.org)

## **IMPORTANT REMINDER:**

### **Stop Flu At School & Help Keep Your Entire Family Healthier!**

Sign up today for **WMS' FREE FLU VAX CLINIC** on **Fri., Nov. 7**. This is being provided for the 8th year in partnership with the Hawai'i State Department of Health.

### **Deadline to sign up is this Thurs., Oct. 16.**

Families may choose a nasal spray or injection for students. Forms were sent home - more are available in the office, or log onto the website link below to read more including frequently asked questions. If you decide to have your child participate, complete the form sent home or if online, print and sign it and have your student return it to his/her Advisory teacher or school office by this Thurs., Oct. 16.

Completing the form will take less than 10 minutes. Our online WMS passcode is: [flu394](https://flu394).

Login: [https://vaxonlinereg.doh.hawaii.gov/vaxMe\\_Login\\_SSL.php](https://vaxonlinereg.doh.hawaii.gov/vaxMe_Login_SSL.php)

Questions? Please call Auntie Tanya - 887-6090  
Ext. 224. MAHALO!

### **2nd Quarter Free Tutoring:**

**Hot Chocolate Club:** M-T-W-Th-F, 7-7:50 a.m. Resumes Wed., 10/15

**Homework Help:** T-Th, 3:05-4 p.m. Resumes Thurs., 10/16

No need to re-register, just come! Still room for more in the morning.

### **Free 'Save First' Program:**

Still time to sign up to practice "saving" regularly and enjoy a very nice reward at the end of the year — plus all the saved \$\$ are still yours! See Mrs. Onaka for more info and family permission form. WMS' First 'Save First' Day is this Wed., 10/15—7:30-7:50 a.m.

### **'Great Hawai'i ShakeOut' This Thursday, 10/16:**

See flyer in Tuesday Envelope! WMS students to join millions around the country for an earthquake drill.

### **Volleyball Mandatory Photo Session Thursday, 10/16:**

All 8 WMS' teams required to come to the gym at 4 p.m. Practices begin next week—watch athletics bulletin board for schedule.

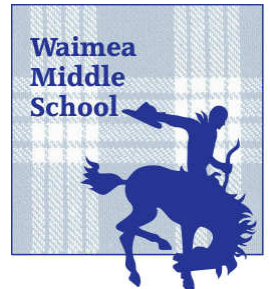
### **Teacher Institute Day—Tues., 10/21—No School!**

### **Mala'ai Garden Farm Stand Begins Wed., 10/22**

2:15-4 p.m. Student volunteers invited to help sell fresh produce, herbs, flowers from the garden! All families and community welcome!

## *Please Mark Your Calendar!*

- Wednesday, Oct. 15 - Free Morning Hot Chocolate Club Resumes (7-7:50 a.m.—May attend M-T-W-Th-F, or M-W-F)
- Thursday, Oct. 16 - First "Save First" Student Deposit Day for this school year - 7:30-7:50 a.m. outside of Mrs. Onaka's room.
- Thursday, Oct. 16 - Deadline to submit written/signed request for students to participate in Free Flu Vax Clinic (Fri., Nov. 7)
- Thursday, Oct. 16 - The Great Hawai'i Shakeout! An earthquake drill - 10:16 a.m.
- Thursday, Oct. 16—Free After-School Homework Help+ Resumes (T-Th, 3:05-4 p.m.)
- Thursday, Oct. 16 - Mandatory WMS-P&R Volleyball Teams Photo Session - 4 p.m. in Thelma Parker Memorial Gym.
- Monday, Oct. 20 - WMS-County P&R Volleyball Practices Begin! Please see Athletics bulletin board or Coach Tamaye.
- Tuesday, Oct. 21 - Teacher Institute Day – No School.
- Tuesday-Saturday, Oct. 21-25 - Public Library "Count Week" - please drop by several times!
- Wednesday, Oct. 22 - Mala'ai Garden Farm Stand Begins—5 Wednesdays - 2:15-4 p.m. *All welcome.*
- Monday, Oct. 27 - WMS Local Advisory Panel (LAP) Meeting – To coincide with Ho'okako'o Local School Board Meeting at WMS Campus—time and location to be announced. *All invited!*
- Tuesday, Oct. 28 - Waimea Boys & Girls Club Exploratory Group - 4-5:30 p.m. - Library Conference Room - All welcome.
- Wednesday, Oct. 29 - Mala'ai Garden Farm Stand - 2:15-4 p.m. *All welcome.*
- Tuesday, Nov. 4 - General Election Day – No School.
- Wednesday, Nov. 5 - Mala'ai Garden Farm Stand - 2:15-4 p.m. *All welcome.*
- Wednesday, Nov. 5 - Domino's Pizza 'Dough Raising Day' for Yearbook! Please make it a pizza night!
- Friday, Nov. 7 - WMS Free Flu Vax Clinic - 10:15-12:15 p.m. (Must submit signed request by Oct. 16.)
- Tues., Nov. 11 - Veterans' Day – No School.
- Wednesday, Nov. 12 - Mala'ai Garden Farm Stand - 2:15-4 p.m. *All welcome.*
- Wednesday, Nov. 19 - Mala'ai Garden Farm Stand - 2:15-4 p.m. Final Week this semester - *All welcome.*
- Wednesday, Nov. 19 - K(Arts) Grand Finale! Kahilu Theatre – Doors open at 5 p.m. - *Dedicated to beloved Pua Garmon*
- Monday, Nov. 24 - Teacher Professional Collaboration (P/C) Day – No School.
- Monday, Nov. 24 - WMS Local Advisory Panel (LAP) Meeting – 4:30-6:30 p.m.
- Tues.-Wed., Nov. 25-26 - Student-Family Conferences - No School  
(Students must accompany parents to conference).
- Thurs-Fri, Nov. 27-28 - Thanksgiving Holiday – No School.
- Wednesday, Dec. 3 - 3rd Mala'ai Super Kitchen - A Delicious Free Dinner - 5:30-7:30 p.m. - Kahilu Town Hall - *All Invited!*
- Dec. 22-Jan. 9 - Winter Break – No School.
- Monday, Jan. 12 - 2nd Semester Begins - Classes Resume.



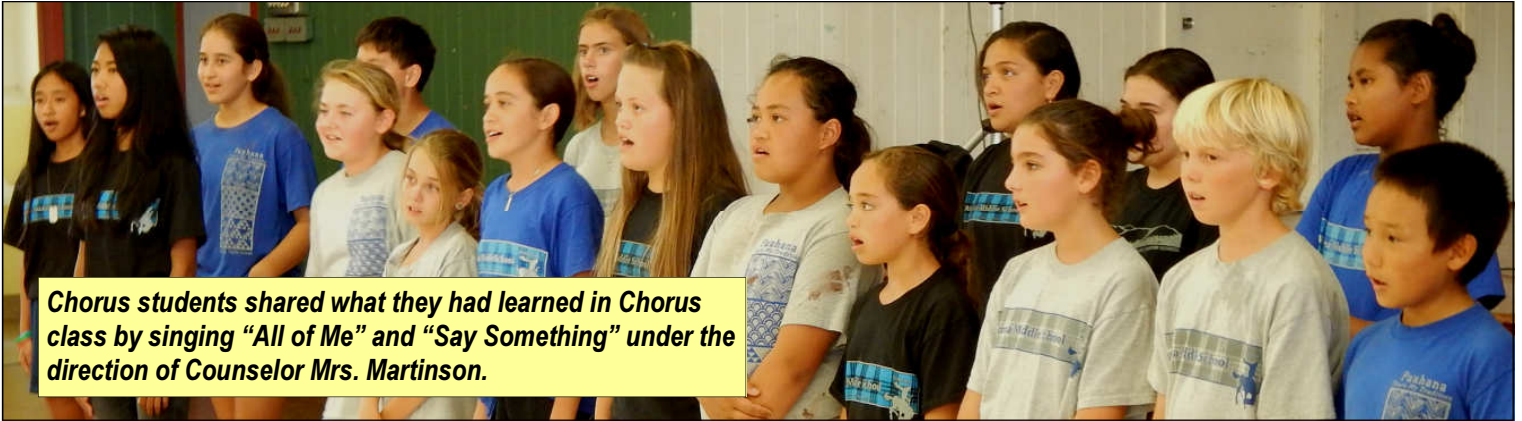
### **STUDENT-FAMILY SAFETY REMINDERS:**

Hawai'i County Police remind everyone of the following **NO PARKING AREAS:**

- 1) **No Parking** is allowed in the lot behind **Waimea Senior Center** and next to the post office. This lot is reserved from 7:30-8 a.m. Citations will be issued, and a \$35 fine imposed
- 2) **Absolutely No Parking** on Mamalahoa Highway (Hwy 190) fronting school near the kindergarten classrooms!
- 3) **No Parking in the Carter Professional Center** lot, both because it's private property and because dropping off/picking up children here forces them to cross a busy highway without a crosswalk! **Mahalo!**

**Mahalo To Students & Mrs. Martinson**

# Chorus Class Shares A 'Chicken Skin' Moment!



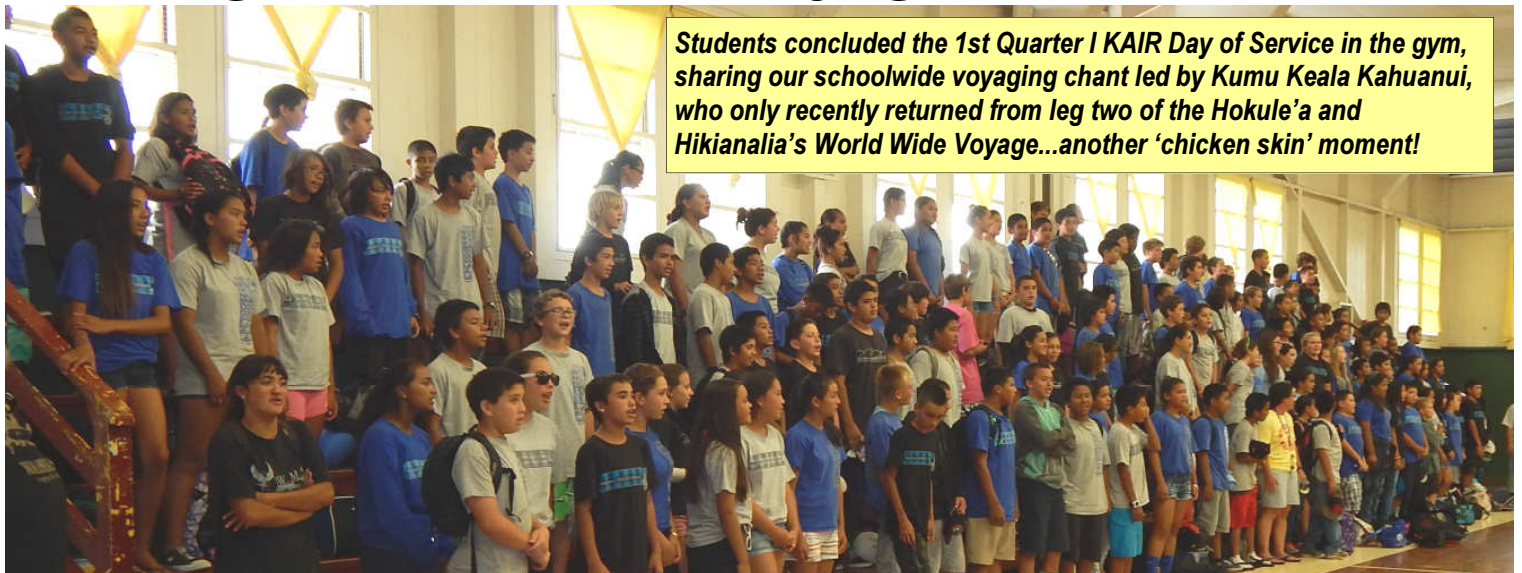
*Chorus students shared what they had learned in Chorus class by singing "All of Me" and "Say Something" under the direction of Counselor Mrs. Martinson.*



**...Mahalo, Too, To Students & Kumu Keala As We Concluded 1st Quarter:**

# Sending 'Aloha' To Our Voyagers Across The Sea

*Students concluded the 1st Quarter I KAIR Day of Service in the gym, sharing our schoolwide voyaging chant led by Kumu Keala Kahuanui, who only recently returned from leg two of the Hokule'a and Hikianalia's World Wide Voyage...another 'chicken skin' moment!*



# 2014 Na Paniolo Cross Country Invitational Results

Elementary Girls:			Elementary Boys:			Name	Bib	Lap Time	Place	Team
1st	Phoebe Wyatt	Toby Johnson			Emila Higgins	0343	00:10'05"00	00001	HAWAII PREP	
2nd	Mikayla DeCosta	Jayden Gebin			Phoebe Wyatt	0408	00:10'37"59	00002	SUNRISE	
3rd	Taarni Goobole				Ella Johnson	0201	00:10'50"31	00003	SUNRISE	
4th	Akemi Tominaga				Makana Blake	0216	00:10'55"81	00004	PARKER	
5th	Devin Buttz				Navi Varize	0355	00:11'12"84	00005	HILO	
					Aubrey Carter	0310	00:11'13"81	00006	KAMEHAMEHA	
					Joey Ann Cooty	0342	00:11'15"18	00007	HAWAII PREP	
					Siena Mizuo	0353	00:11'20"75	00008	HILO	
					Saydee Bacdad	0348	00:11'25"34	00009	HILO	
					Breana Arakawa	0380	00:11'28"56	00010	WAIMEA	
					Nevaeh Fukui-stoos	0315	00:11'50"25	00011	KAMEHAMEHA	
					Jamie Chun	0228	00:11'53"09	00012	HILO	
					Anela Manuia	0115	00:11'54"84	00013	KAMEHAMEHA	
					Grace Bollinger	0217	00:12'07"22	00014	PARKER	
					Macey Van Tassel	0224	00:12'20"97	00015	HAWAII PREP	
					Jenna Perry	0223	00:12'22"78	00016	HAWAII PREP	
					Sophia Cash	0384	00:12'26"66	00017	WAIMEA	
					Violet Hart	0200	00:12'37"81	00018	SUNRISE	
					Raynn Dangaran	0113	00:12'59"34	00019	KAMEHAMEHA	
					Sam Marrack	0350	00:12'59"81	00020	HILO	
					Ella Kusch	0231	00:13'10"00	00021	HILO	
					Gaayatri Godbole	0103	00:13'16"75	00022	SUNRISE	
					Kacie Tagawa	0104	00:13'23"84	00023	SUNRISE	
					Kaohinani Ho	0210	00:13'26"62	00024	KAMEHAMEHA	
					Alexis Hata	0316	00:13'31"00	00025	KAMEHAMEHA	
					Macey Note	0327	00:13'33"56	00026	PARKER	
					Angelika Abucay	0383	00:13'42"03	00027	WAIMEA	
					Mikayla DeCosta	0404	00:13'42"52	00028	SUNRISE	
					Sophia Bunch	0341	00:13'43"40	00029	HAWAII PREP	
					Anela Cominella	0312	00:13'44"15	00030		
					Saige Motta	0391	00:13'51"91	00031	KAMEHAMEHA	
					Taarini Godbole	0402	00:14'02"34	00032	SUNRISE	
					Kayla Paiva	0202	00:14'06"31	00033	SUNRISE	
					Audrey Nixon	0326	00:14'07"09	00034	PARKER	
					Sydney Ueda	0233	00:14'11"69	00035	HILO	
					Emma Choi	0118	00:14'18"97	00036	PARKER	
					Zoe Uhr	0234	00:14'20"91	00037	HILO	
					Zoe Vann	0329	00:14'23"59	00038	PARKER	
					Tierney Wold	0218	00:14'25"22	00039	PARKER	
					Kanai Chan	0311	00:14'28"03	00040	KAMEHAMEHA	
					Ariel Christensen	0375	00:14'31"28	00041	WAIKOLOA	
					Sage Sagon	0381	00:14'31"87	00042	WAIMEA	
					Akemi Tominaga	0406	00:14'32"52	00043	SUNRISE	
					Devin Buttz	0403	00:14'46"12	00044	SUNRISE	
					Keanu Anderson	0123	00:14'49"25	00045	WAIKOLOA	
					Epiphany Ellis	0229	00:14'58"91	00046	HILO	
					Maya Rosof	0390	00:14'59"72	00047	KAMEHAMEHA	
					Lila Christensen	0122	00:15'03"88	00048	WAIKOLOA	
					Sophie Bailey	0377	00:15'19"00	00049	WAIKOLOA	
					Amy Patterson	0354	00:15'21"00	00050	HILO	
					Leslie Francisco	0385	00:15'24"59	00051	WAIMEA	
					Katelynn Paclib	0124	00:15'25"34	00052	WAIKOLOA	
					Nadia Yoshizumi	0382	00:15'26"12	00053	WAIMEA	
					Emily Fetsch	0324	00:15'27"15	00054	WAIMEA	
					Aleiya Sanoria	0213	00:15'28"75	00055	KAMEHAMEHA	
					Kaila Pakani	0116	00:15'29"43	00056	KAMEHAMEHA	
					Emilia Wagner	0241	00:15'31"34	00057	HILO	
					Olivia Lathrop	0370	00:15'40"69	00058	WAIKOLOA	
					Teryn Tominaga	0407	00:15'41"31	00059	SUNRISE	
<b>Teams - Girls:</b>										
1st	Hawaii Prep	64 points								
2nd	Hilo	65 points								
3rd	Kamehameha	68 points								
<b>Teams - Boys:</b>										
1st	Hawaii Prep	41 points								
2nd	Waikoloa	58 points								
3rd	Sunrise	119 points								

# 2014 Na Paniolo Cross Country Results Continued...

Name	Bib	Lap Time	Place	Team
Aysha Estrella	0209	00:15'43"03	00060	KAMEHAMEHA
Haley-Rose Kea	0317	00:15'48"09	00061	KAMEHAMEHA
Anela Hopkins	0405	00:15'49"31	00062	SUNRISE
Drea Gonzales	0376	00:15'51"78	00063	WAIKOLOA
Meghean Wood-Sanchez	0372	00:15'56"78	00064	WAIKOLOA
Liana Lawson	0378	00:15'57"68	00065	WAIKOLOA
Katelyn Gray	0374	00:16'01"06	00066	WAIKOLOA
Jenna Harris	0371	00:16'01"87	00067	WAIKOLOA
Katie Flores	0393	00:16'09"41	00068	WAIKOLOA
Jayde Turner	0125	00:16'10"59	00069	WAIKOLOA
Kaniela Abad	0126	00:16'14"28	00070	WAIKOLOA
Bryn Wilcox	0356	00:16'24"03	00071	HILO
Nissi Ragland	0119	00:16'31"25	00072	PARKER
Malia Lawcock	0211	00:16'37"59	00073	KAMEHAMEHA
Emily Souza	0135	00:16'41"88	00074	WAIMEA
Tatum Rose	0212	00:16'42"09	00075	KAMEHAMEHA
Dayanee Faust	0114	00:16'54"38	00076	KAMEHAMEHA
Marina Plock	0328	00:17'05"69	00077	PARKER
Beyonce Corpuz	0111	00:18'19"25	00078	KAMEHAMEHA
Ocean Akau	0110	00:19'27"12	00079	KAMEHAMEHA

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## Waimea Middle School Cross Country - 02/01/01

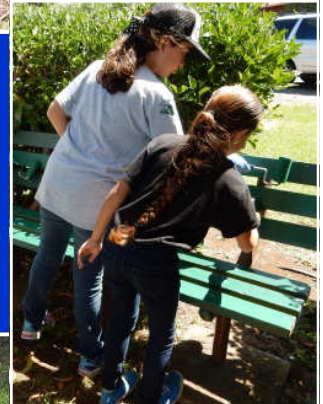
Name	Bib	Lap Time	Place	Teams
		00:00'00"00		
Steven Chung	0345	00:08'51"12	00001	HILO
Sihkea Jim	0334	00:09'05"25	00002	HAWAII PREP
Jake Schneider	0368	00:09'23"25	00003	WAIKOLOA
Greg Kim	0320	00:09'24"24	00004	PARKER
Kainoa Raymond	0364	00:09'35"18	00005	WAIKOLOA
Brendan Maynahan	0336	00:09'37"25	00006	HAWAII PREP
Magnus Namohala-Roloos	0301	00:09'49"69	00007	SUNRISE
Reece Herendeen	0214	00:09'53"84	00008	PARKER
Adrian Larkspur	0300	00:09'56"75	00009	SUNRISE
Hokua Tarnas	0339	00:09'58"44	00010	HAWAII PREP
Chris Chock	0331	00:09'59"02	00011	HAWAII PREP
Toby Balaam	0330	00:10'01"47	00012	HAWAII PREP
Hayden Virtue	0392	00:10'02"40	00013	HAWAII PREP
Koa Higgins	0137	00:10'02"90	00014	HAWAII PREP
Riley Hiatt	0332	00:10'03"52	00015	HAWAII PREP
Rory Pascarelli	0358	00:10'07"84	00016	WAIKOLOA
Kalai Santiago	0359	00:10'17"06	00017	WAIKOLOA
Urban Halpern	0226	00:10'18"22	00018	HILO
Skyler Rogue-Sunhora	0337	00:10'19"56	00019	HAWAII PREP
Teddy Rubenstein	0360	00:10'22"88	00020	WAIKOLOA
Trey Tina	0208	00:10'33"41	00021	KAMEHAMEHA
Keanu Kam	0120	00:10'39"78	00022	WAIKOLOA
David Welch-Kelihoomalu	0389	00:10'48"38	00023	HAWAII PREP
Logan Waltjen	0109	00:10'48"81	00024	KAMEHAMEHA
Wyatt Walter	0388	00:10'53"91	00025	HAWAII PREP
Jason Lee	0335	00:10'56"09	00026	HAWAII PREP
Keawe Strance	0338	00:10'58"44	00027	HAWAII PREP
Seth Wilson	0227	00:10'58"78	00028	HILO
Seth Cordeiro	0357	00:11'03"62	00029	WAIKOLOA
Alika Dedman	0100	00:11'04"52	00030	SUNRISE
Ezekiel Anahu	0302	00:11'07"25	00031	KAMEHAMEHA
Bryce Furuli	0306	00:11'09"34	00032	KAMEHAMEHA
Jordan Vedelli	0215	00:11'11"18	00033	PARKER

Name	Bib	Lap Time	Place	Teams
Bryson Guanio	0363	00:11'17"97	00034	WAIKOLOA
Hunter Bugado	0319	00:11'18"46	00035	PARKER
Chris Knell	0205	00:11'20"97	00036	KAMEHAMEHA
Isaiah Anahu	0105	00:11'21"37	00037	KAMEHAMEHA
Cameron Stuart	0131	00:11'30"06	00038	WAIMEA
Toby Johnson	0401	00:11'33"91	00039	SUNRISE
Brock Imonen	0220	00:11'35"09	00040	HAWAII PREP
Jayden Gebin	0400	00:11'35"96	00041	SUNRISE
Makoa Aurello	0203	00:11'36"65	00042	KAMEHAMEAH
Glenn Gebin	0101	00:11'45"12	00043	SUNRISE
Ethan Shimabukuro	0207	00:11'50"50	00044	KAMEHAMEHA
Jyson Breitbarth	0225	00:11'51"43	00045	HILO
Joshua Stuart	0130	00:11'52"88	00046	WAIMEA
Trent McCollum	0108	00:11'55"78	00047	KAMEHAMEHA
Carter Macy	0222	00:11'59"03	00048	HAWAII PREP
Shengren Ji	0333	00:12'05"81	00049	HAWAII PREP
Will Touchet	0322	00:12'22"56	00050	PARKER
Ethan Kilkenny	0221	00:12'34"91	00051	HAWAII PREP
Chase Bridges	0128	00:12'46"59	00052	WAIMEA
Carlos Masuko	0107	00:13'18"15	00053	KAMEHAMEHA
Makena Castro	0366	00:13'28"75	00054	WAIKOLOA
Ry Bleckel	0240	00:13'38"12	00055	HAWAII PREP
David Yancy	0369	00:13'39"00	00056	WAIKOLOA
Kalea Anderson	0361	00:13'39"72	00057	WAIKOLOA
Nickson Rafael	0347	00:13'40"31	00058	HILO
Christian Bader	0303	00:13'57"81	00059	KAMEHAMEHA
Noah Lelenoa	0365	00:14'11"56	00060	WAIKOLOA
Uzziah Crisostomo-Dizol	0304	00:14'12"75	00061	KAMEHAMEHA
Keona Case	0362	00:14'35"28	00062	WAIKOLOA
Kyli Engle-Rodrigues	0367	00:14'41"22	00063	WAIKOLOA
Andei Quines	0132	00:15'13"22	00064	WAIMEA
Kainalu Golis	0121	00:15'52"34	00065	WAIKOLOA
Kamahao Anderson	0236	00:16'52"53	00066	WAIMEA
Takashi Packer	0134	00:18'49"18	00067	WAIMEA
Kamakea Anderson	0129	00:18'49"46	00068	WAIMEA
Jackson Morris	0321	00:23'16"72	00069	PARKER
--	Stop	00:23'17"78		



*A very warm Mahalo to Athletic Director Warren Tamaye and to his family and all of our faculty, staff and families who made this possible!*

# Students Do Serious Heavy Lifting For 'I KAIR Day Of Service'!



See lots more I KAIR Day pictures on Facebook!



## School Lunch Menus

*(All Served With Fresh Local Milk)*

**Tues., Oct. 14: Teri Chicken w/ Noodles & Egg Roll, Toassed Salad & Orange Wedge.**

**Wed., Oct. 15: Chili w/ Beef & Beans, Steamed Hapa Rice, Garden Salad, Fruit Juice & Whole Grain Corn Bread.**

**Thurs., Oct. 16: Asian Chicken on Shredded Cabbage, Hapa Rice, Vegetable Medley, Peaches & Whole Grain Roll.**

**Fri., Oct. 17: Cheeseburger w/ Lettuce & Tomato on a Whole Grain Bun, Potato Rounds & Apple Wedge.**

**Mon., Sept. 20: Chicken Patty w/ Lettuce & Tomato on a Whole Grain Bun, Oven Fries & an Orange Wedge.**

**Tues., Sept. 21: Teachers Institute Day - No School!**

*All menus are posted on our website & Facebook.*



## It's All About 'Living' Our Core Values!

