

The 'Ohana News



Recipient of a Full 6-Year WASC Accreditation! 2014-2020

December 16, 2014

www.WaimeaMiddleSchool.org

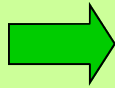
Student I KAIR Awards This Friday!

Deadline Extended For Free Ocean Film Festival Pass!

WMS students have a little extra time to request a 3-event pass to the **2015 Waimea Ocean Film Festival**, which will bring more than **60 films**, old and new, to Waimea during Winter Break. The wide array of films will be shown at **Kahilu Theatre, Parker School Theatre** and **HPA's Gates Theatre**, and with a pass, students can attend any 3 films, or take along two family members or friends to see any one film.

These passes are being purchased by WMS for \$15 to provide students with a meaningful experience during Winter Break. Please take advantage of this offer! Forms were sent home last week; another copy of the form can be picked up from the office or downloaded from the school website. **Students MUST pick up their pass Thurs., Jan. 1 at Kahilu Theatre.**

'Malama Honua' = Sustainability

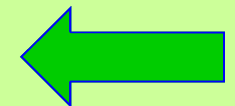


7th and 8th grade students in Mrs. Jamilynn Mareko's Future Bound Exploratory spent first semester examining the deeper meaning and importance of the World Wide Voyage's "Malama Honua" theme of caring for our natural resources to sustain us today and for future generations. Throughout the semester the class spent time working in **Mala'ai school garden**, where **Garden Leader Holly Sargent-Green** introduced them to the process of decomposition. As a culminating class project, students created this local-style **Decomposition Timeline**. They gathered island-style trash to create this eye-opening exhibit to help raise awareness with fellow students, families and the community and it's pretty shocking to learn how long items take to decompose — for example, a rubber slipper takes 50-80 years to decompose!

WMS students who have exemplified one or more of the school's **core values** – **'Ike, Kaizen, Accountability, Integrity** and/or **Respect** – during the school day or in one of our many extracurricular programs will be recognized at this Friday's end-of-semester **I KAIR Awards Assembly**. Awards will be presented to students who demonstrated I KAIR values in **Student Leadership, Mala'ai garden, Cross Country, Volleyball, Believe!** (a schoolwide fundraiser) and **Gotcha!**

Rewards also will be drawn for **"Positives"** earned for doing the right thing during class and elsewhere on campus.

Capping things off will be a drawing for a new **7-inch Dual Core Tablet** that was donated as part of a fundraiser that helped underwrite a variety of school activities including 8th grade Exit.

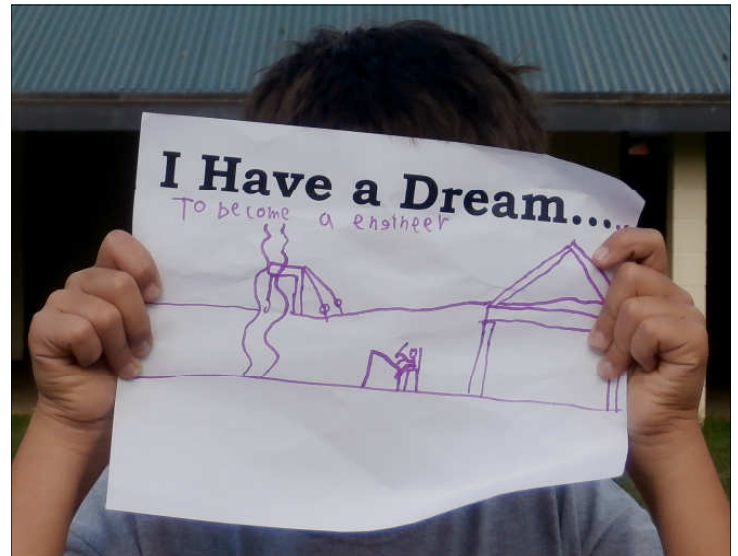


Students Create Decomposition Timeline

Please Mark Your Calendar!

For the most recent news and events, go to: www.Facebook.com/WaimeaMiddleSchool

- Mon., Dec. 15 - Makahiki Training for Students - 3:30-5 p.m. at Waimea Park.
- Wed., Dec. 17 - **SPECIAL SCHEDULE** - Longer school day! Classes conclude for WES students at 2 p.m. and at 3 p.m. for WMS students.
- Fri., Dec. 19 – **SPECIAL SCHEDULE** – Classes conclude for all students (WES & WMS) at 1:15 p.m.
- Dec. 20-Jan. 11 - Winter Break – No School
- Thurs.-Sun., Jan. 1-4 – Waimea Ocean Film Festival – Free passes available for WMS students – must be picked up at Kahilu Theatre on Jan. 1. Also on Jan. 1 a special exhibit opens at 4 p.m. spotlighting the 20th birthday of the Makali'i – Waimea's own voyaging canoe! All invited!
- Mon., Jan. 12 - 2nd Semester Begins - Classes Resume.
- Monday, Jan. 12 – Final Makahiki Training for Students - 3:30-5 p.m. at Waimea Park.
- Wed., Jan. 14 - Morning Hot Chocolate Club resumes! No need to register - just come.
- Sat., Jan. 17 - Ka Moku O Keawe Makahiki Festival - Waimea Park - 7 a.m. to 5 p.m. All students, families, faculty-staff and community invited! Free!
- Mon., Jan. 19 - Martin Luther King, Jr. Day of Service - No School
- Tues., Jan. 20 - After-school Homework Help+ resumes! No need to re-register - just come.
- Mon., Jan. 26 – WMS Local Advisory Panel (LAP) Meeting – 4:30-6:30 p.m. Classroom K-04. All invited.
- **PLEASE SAVE THIS DATE: Wed., Jan. 28 - "Do Your Best, Be Your Best" Family Night with Hawai'i County Mayor Billy Kenoi - 6 p.m. in the Cafeteria.** More details soon! All WMS families invited with their student - Free and will include a delicious dinner.
- **PLEASE SAVE THIS DATE: Wed., Feb. 11 – Mala'ai Garden Super Kitchen – 5:30-7:30 p.m. - Kahilu Town Hall.** A very special gathering to commemorate the 20th anniversary of Na Kalai Wa'a – Waimea's Makali'i voyaging canoe. Dinner to feature 'Ai Pono foods being grown and prepared by WMS students for our community's wayfinders on the World Wide Voyage! Free and all invited!



WMS students shared many dreams during the K(Arts) Grand Finale as part of the Slam Photography class!

We ♥ Mentors!

Good Work Has Its Rewards!



Middle school students need and love mentors. and as a school, we are honored and grateful to have nearly four dozen community volunteers working this year with our students as mentors! To show her appreciation, 6th grade student Teani Kamau-Peters created a greeting card and sign last week to celebrate her mentor Dayva Keolanui's birthday. Mahalo Teani! In addition to mentoring, Dayva is Kahilu Theatre's still new Director of Marketing & Development.



This is Miss Cherise Mundon's 6th Grade Advisory Class, 100% of whom completed a Hawai'i County Fire Prevention Week Safety project and therefore earned an ice cream reward! Good work students! And Mahalo to the Fire Department staff!

This Is One P-o-w-e-r-f-u-l Wahine!

By day, Mrs. Pristeen Perreira is our WMS Account Clerk, responsible for paying bills and tracking a complicated \$3+M school budget. But after hours, in addition to being a wife and young mom, Auntie Pristeen's hobby is powerlifting. In fact, at the recent World Association Benchlifters Deadlifters League (WABDL) Championships in Las Vegas, she broke her own State record of deadlifting 330 pounds by deadlifting 358 pounds, thereby capturing 1st Place in the Submaster Women (33-39-year-old) bracket! This was the top ranking in her age division and it means she automatically qualifies for the 2015 WABDL World Championships.



Pristeen Perreira

As always, each competitor was given 3 lifts and Auntie Pristeen's were: 319 pounds, 341 pounds and 358 pounds. Her final lift also qualified her for 3rd Place in the Open (women of all ages) competition that included wahine athletes from the USA, New Zealand, Finland and Brazil.

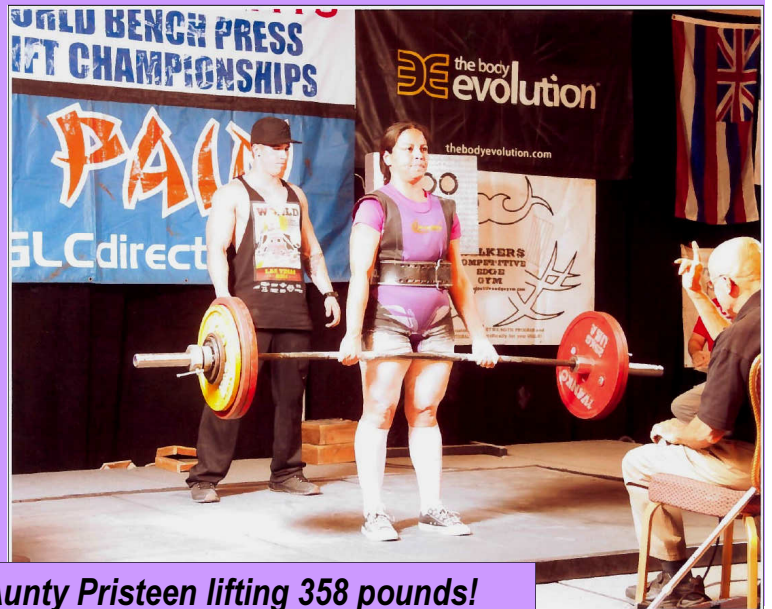
There to watch and cheer for her were her husband, Keola, a close friend/college roommate, and her trainer, Bill Case (Pua Case's brother) from Waimea's Five Mountain Fitness gym.

Also, because this was the first time WABDL hosted a "live internet feed" of the event, her mom, grandmother and other family members were able to watch from here in Hawai'i as was our office team including Principal Matt Horne, VP Amy Kendziorski, Tanya Malani and Bernie March because the flight was aired about 3 in the afternoon.

So what was the most impressive thing about the competition? Auntie Pristeen said there was one woman from Brazil (not in her age group) who lifted 500 pounds! The other notable thing was just being in the company of so many strong, competitive men and women, many of whom were speaking foreign languages.

And what's next? For the growing number of powerlifters in Waimea including Auntie Pristeen, there will be a sanctioned event in Hilo in February 2015.

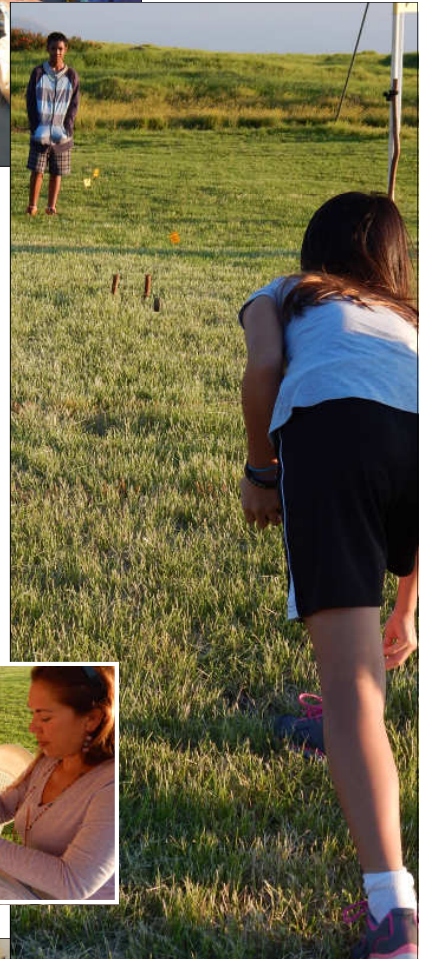
So...stay tuned...and **Congratulations, Auntie Pristeen!**



Auntie Pristeen lifting 358 pounds!



See More Pictures
On Facebook!



WMS 3rd Annual 'Ohana Makahiki Fest

Mahalo Nui Loa From The Science Department!

WMS Science Teaching Team: Sherri Takamoto * Jade Bowman * Nau'i Murphy * Janice English-Somerville



With gratitude we thank everyone who helped make our **3rd Annual 'Ohana Makahiki Fest** a success -- from planning, set-up, event management and breakdown. Good thoughts seemed to have cleared the skies for a few days so we could enjoy a beautiful Waimea evening under the stars. Warm, comforting **Stone Soup**, **Mala'ai's Lu'au Niu** (an **'Ai Pono** food – healthy and delicious – perfect for sharing with our wa'a 'ohana on the **World Wide Voyage**), hot cocoa and fresh baked bread were enjoyed by all as we shared and learned together cultural practices and protocols related to voyaging and life around the papa ku'i 'ai (poi board), and as we made kukui lei, cordage, banana stamp prints and star finders, and tested our strength and wisdom with **Makahiki** games.

Special Mahalo to our awesome Na Paniolo:

- **Students and Advisories** who donated items for the Stone Soup
- **Students** who helped set-up, run the event and break down.
- 7th grade students of **Miss Gusman, Ms. Bowman** and **Mrs. Mareko** who made ti leis for guests
- **Ms. Laz** for preparing the **Stone Soup**
- **Mrs. Benson** for baking bread with our students – they made 20 loaves from scratch!
- **Aunty Holly, Ms. Amanda, Ms. Alethea, Seri,** and other garden crew who prepared the garden to receive us all including the amazing light décor and generator. The garden looked so beautiful!
- **Kumu Keala** and crew for the Makahiki fun
- **Mr. & Mrs. Tamaye** for prepping the field, spotlights and tents along with **Mas' Period 2** students
- **Miss Gusman** and **Mrs. Somerville** for keeping everyone's soup and cocoa cups filled
- **Ms. LeAnn** for teaching Lei Kukui
- **Aunty Kiki, Aunty Pristeen** and **Mrs. Cook** for securing supplies and getting the word out to families
- All of our faculty & staff for supporting this event – encouraging attendance, helping with coordination, providing funding and coming to support this learning and sharing event!

Also, Special Mahalo to our good friends from **Amy Greenwell Ethnobotanical Garden -- Uncle Manny** and crew, who shared their love of **ku'i 'ai** (pounding kalo), **Jim Cain** for providing the kalo, and our very special guest presenter **Navigator Kai'ulani Murphy** for sharing her knowledge of non-instrument navigation.

IMPORTANT INVITATION: All students who helped with the set-up, donated Stone Soup ingredients, ran a station, or helped with break-down, please stop by Ms. Bowman's room (P-11) today - Tuesday, Dec. 16 during lunch recess to pick up a special holiday treat!

Bekah Horne & Patti Cook Photos



Boys' Basketball Practice Scheduled This Week And During Winter Break

It's not mandatory, but WMS Boys' Basketball student athletes are encourage to participate in a series of special practices beginning this week and during Winter Break.

Here's why: Students who have signed up for the WMS teams (both 12U and 14U) this year are mostly first-year players and need additional practice time to prepare for the competitive season, which begins **Jan. 27, 2015**.

Students and/or families are asked to let Coach Warren Tamaye know if the student is unable to participate by calling him at (808) 345-9190, or emailing: Warren_Tamaye@notes.k12.hi.us.

For practices, student athletes should wear shorts, t-shirt, athletic shoes and bring either a jacket or sweatwear. All practice sessions will be in Thelma Parker Gym.

12 & Under

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|-----------------|-----------------|
| Mon., Dec. 15 | 3:15-4:30 p.m. |
| Wed., Dec. 17 | 3:15-4:30 p.m. |
| Fri., Dec. 19 | 1:30-3:00 p.m. |
| Tues., Dec. 23 | 8:30-10:30 a.m. |
| Tues., Dec. 30 | 8:30-10:30 a.m. |
| Fri., Jan. 2 | 2:30-4:30 p.m. |
| Tues., Jan. 6 | 2:30-4:30 p.m. |
| Thurs., Jan. 8 | 2:30-4:30 p.m. |
| Mon., Jan. 12 | 3:15-4:30 p.m. |
| Wed., Jan. 14 | 2:15-3:15 p.m. |
| Fri., Jan. 16 | 3:15-4:30 p.m. |
| Tues., Jan. 20 | 3:15-4:30 p.m. |
| Wed., Jan. 21 | 2:15-3:15 p.m. |
| Thurs., Jan. 22 | 3:15-4:15 p.m. |
| Mon., Jan. 26 | 3:15-4:15 p.m. |

14 & Under

| | |
|-----------------|-----------------|
| Tues., Dec. 16 | 3:15-4:30 p.m. |
| Thurs., Dec. 18 | 3:15-4:30 p.m. |
| Fri., Dec. 19 | 3:00-4:30 p.m. |
| Mon., Dec. 29 | 8:30-10:30 a.m. |
| Thurs., Jan. 1 | 2:30-4:30 p.m. |
| Mon., Jan. 5 | 2:30-4:30 p.m. |
| Wed., Jan. 7 | 2:30-4:30 p.m. |
| Fri., Jan. 9 | 3:15-4:30 p.m. |
| Tues., Jan. 13 | 2:15-3:15 p.m. |
| Wed., Jan. 14 | 3:15-4:30 p.m. |
| Thurs., Jan. 15 | 3:15-4:30 p.m. |
| Mon., Jan. 19 | 3:15-4:30 p.m. |
| Wed., Jan. 21 | 3:15-4:30 p.m. |
| Fri., Jan. 23 | 3:15-4:15 p.m. |

Special Schedule This Week!

As we conclude 1st Semester and prepare for a 3-week Winter Break, there will be two changes in the end-of-day schedule for students at both Waimea Elementary and Waimea Middle School:

☞ **Wednesday, Dec. 17:** Both schools will run a longer class day. Elementary students will be released at 2 p.m.; WMS students will be released at 3 p.m.

☞ **Friday, Dec. 19:** Both schools will conclude at 1:15 p.m. Note: on Friday, WMS students will board buses in the usual pickup location, then the bus will move down the hill to pick up elementary children. **We wish everyone a fun, safe Winter Break! Classes resume Mon., Jan. 12, 2015.**

Still Time To Contribute To Student Leadership Food Drive

Today — Tuesday, Dec. 16 — is the final day to contribute to our Student Leadership Food Drive! Students are asked to contribute through Advisory classes non-expired canned or other non-perishable foods, hygiene products (tooth brushes, tooth paste, soap, shampoo, etc.) or fresh fruit and vegetables. Grade levels will be awarded 1 bonus Spirit Point for every 12 items donated! Collected items will be given to Annunciation Church for their food pantry. **Mahalo to all for supporting our community!**

Fundraiser Pies Still Available!

Our 8th Grade East Coast Travelers still have Holi Bakery frozen pies available (apple and coconut only) at a special \$10 closing out price! Please call or see Miss Gusman soonest. All proceeds support the students' trip to Washington, D.C., New York City and Philadelphia during Spring Break. Questions? Please see/email Miss Gusman or call the office. **Mahalo!**

School Lunch Menus

(All Served With Fresh Local Milk)

Tues., Dec. 16: Creole Macaroni, Mixed Green Salad, Peaches and Whole Grain French Bread.

Wed., Dec. 17: Chicken Nuggets on Shredded Cabbage, Hapa Rice, Tossed Salad & Mandarin Orange & Pineapple. .

Thurs., Dec. 18: Roast Turkey w/ Gravy, Whipped Potatoes, Broccoli, Carrots & Corn, Orange Wedge & Whole Grain Roll.

Fri., Dec. 19: Tuna on Whole Grain Bun w/ Oven Fries, Rainbow Salad w/ Tomato and Fruit Juice.

Winter Break: Dec. 20-Jan. 11. School resumes Jan. 12.

All menus are posted on our website & Facebook.